

20 BUCK

tuesday

SPECIALS VALID TUESDAY 11 MARCH 2025 ONLY!



Blueberry Punnets 125 g



Avocados



Fig Punnets



Baby Marrow Prepacks



Baby potato thriftpacks



Pears econo pack 1.5kg

BAKERY



6 FOR
R20

Cinnamon Doughnuts

FOOD LOVER'S EATERY TOWERS

WE ARE CLOSED SATURDAYS AND SUNDAYS

THE TOWERS, CNR HEERENGRACHT & HERTZOG BOULEVARD, FORESHORE, CAPE TOWN,
TEL: 021 419 9048 • WWW.THEREALFOODLOVERSEATERY.CO.ZA • THETOWERS@FLM.CO.ZA
TRADING HOURS: MON-FRI: 07H00AM-17H00PM SAT&SUN: CLOSED

HAMILTONS ADVERTISING • NO HAWKERS • NO TRADERS • WE RESERVE THE RIGHT TO LIMIT QUANTITIES • E & OE • ACTUAL PRODUCTS ON OFFER MAY DIFFER FROM VISUALS SHOWN, AS THESE ARE SERVING SUGGESTIONS ONLY.

THE BEST
IN FRESH
GUARANTEED!

